WHAT IS CLAIMED IS:

1. An optical element comprising: a substrate having or not having a channel for optical waveguide; and a material which has a refractive index higher than that of said substrate and is filled in said channel for optical waveguide or is disposed on said substrate; wherein

the refractive index in a part of said material varies substantially periodically or is substantially continuously monotone increasing or decreasing in the direction of light propagation.

- 2. An optical element according to Claim 1, the refractive index in a part of said material varies substantially periodically or is substantially continuously monotone increasing or decreasing in the direction substantially perpendicular to said direction of light propagation.
- 3. An optical element comprising: a substrate having or not having a channel for optical waveguide; and a material which has a refractive index higher than that of said substrate and is filled in said channel for optical waveguide or is disposed on said substrate; wherein

the refractive index in a part of said material varies substantially periodically or is substantially continuously monotone increasing or decreasing in a direction substantially perpendicular to the direction of light propagation.

4. An optical element comprising: a substrate having or not

having a channel for optical waveguide; and a resin which has a refractive index higher than that of said substrate and is filled in said channel for optical waveguide or is disposed on said substrate; wherein

the refractive index in a part of said resin varies in the direction of light propagation and/or in a direction substantially perpendicular to said direction of light propagation.

- 5. An optical element according to Claim 4, said part of resin the refractive index of which varies is formed using the photo-hardening or thermo-hardening property of said resin.
- 6. An optical element comprising: a substrate having or not having a channel for optical waveguide; and a material which has a refractive index higher than that of said substrate and is filled in said channel for optical waveguide or is disposed on said substrate; wherein

said optical element further comprises temperature controlling elements disposed on said material and for partially changing the temperature of said material in the direction of light propagation and/or in a direction substantially perpendicular to said direction of light propagation.

7. An optical element comprising: a substrate having or not having a channel for optical waveguide; and a material which has a refractive index higher than that of said substrate and is filled in said channel for optical waveguide or is disposed

on said substrate; wherein

said optical element further comprises electrodes disposed on said material and for partially changing the electric field in said material in the direction of light propagation and/or in a direction substantially perpendicular to said direction of light propagation.

8. An optical element comprising: a substrate having or not having a channel for optical waveguide; and a material which has a refractive index higher than that of said substrate and is filled in said channel for optical waveguide or is disposed on said substrate; wherein

said optical element further comprises a part where said material protrudes to the direction of said substrate and/or a part where said substrate protrudes to the direction of said material, in the direction of light propagation and/or in a direction substantially perpendicular to said direction of light propagation.

- 9. An optical element according to Claim 8, wherein said protruding parts are provided substantially periodically.
- 10. An optical element according to any one of Claims 1, 2,
- 3, 6, 7, 8, and 9, wherein said material is composed of glass material or resin.
- 11. In a method of fabrication of optical element, wherein photo-hardening resin is formed in a substrate, and wherein light is irradiated onto said photo-hardening resin, thereby hardening

said photo-hardening resin, a method of fabrication of optical element wherein the amount of said light irradiated onto the surface of said photo-hardening resin is varied.

- 12. A method of fabrication of optical element according to Claim 11, wherein the amount of said light irradiation is varied substantially periodically or is substantially continuously monotone increasing or decreasing, in a predetermined direction on the surface of said photo-hardening resin.
- 13. A method of fabrication of optical element according to Claim 11 or 12, wherein the intensity of said light irradiation onto said photo-hardening resin is varied, whereby the amount of said light irradiation onto the surface of said photo-hardening resin is varied.
- 14. A method of fabrication of optical element according to Claim 13, wherein a mask having partially different light transmissivity is used, whereby the intensity of said light irradiation onto the surface of said photo-hardening resin is varied.
- 15. A method of fabrication of optical element according to Claim 11 or 12, wherein a light shielding plate is used so as to sequentially change the region irradiated by said light, whereby the amount of said light irradiation onto is varied.
- 16. In a method of fabrication of optical element, wherein photo-hardening resin is formed in a substrate, and wherein light is irradiated onto said photo-hardening resin, thereby hardening

said photo-hardening resin, a method of fabrication of optical element, wherein another optical component is connected to said photo-hardening resin, and then said photo-hardening resin is hardened, whereby said optical component is fixed to said photo-hardening resin.

- 17. A method of fabrication of an optical element according to any one of Claims 1 to 7, wherein said channel for optical waveguide in said substrate is formed in a integrated manner using a mold having protrusion and recess in the surface thereof.
- 18. A method of fabrication of an optical element according to Claim 8 or 9, wherein the protrusion and recess in said substrate of said optical element is formed in a integrated manner using a mold having protrusion and recess in the surface thereof.